

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**5**  
Taco Hot Dish\*  
Whole Grain Bread\*  
Mixed Vegetables  
Pears

**6**  
Chicken Penne Alfredo\*  
Whole Grain Dinner Roll\*  
Green Beans  
Fruit Cocktail

**7**  
Fish Patty\*  
Corn  
Apple

**1**  
Hamburger Rice Hot Dish\*  
Whole Grain Bread\*  
Corn  
Apple Sauce

**2**  
Corn Dog\*  
Carrots  
Banana

**12**  
Spaghetti\*  
Whole Grain Bread\*  
Peas  
Peaches

**13**  
Chicken Teriyaki Hot Dish\*  
Whole Grain Dinner Roll\*  
Carrots  
Pineapple

**14**  
Salisbury Steak  
Whole Grain Bread\*  
Mashed Potatoes  
Orange

**8**  
Turkey  
Whole Grain Bread\*  
Mashed Potatoes  
Cantaloupe

**9**  
Ham and Cheese Roll-Up  
Whole Grain Tortilla\*  
Cucumbers  
Banana

**15**  
Chicken Patty Sandwich\*  
Whole Grain Bun\*  
Mixed Vegetables  
Apple Sauce

**16**  
Pizza Quesadilla  
Whole Grain Tortilla\*  
Salad  
Banana

**19**  
Mac and Cheese\*  
Whole Grain Bread\*  
Green Beans  
Pears

**20**  
Chicken Enchilada Hot Dish\*  
Whole Grain Dinner Roll\*  
Peas and Carrots  
Fruit Cocktail

**21**  
Hamburger  
Whole Grain Bun\*  
French Fries  
Apple

**22**  
Chicken Taco  
Whole Grain Tortilla\*  
Corn  
Cantaloupe

**23**  
Turkey and Cheese on  
Whole Grain Bun\*  
Carrots  
Banana

**26**  
Chicken Wild Rice Hot Dish\*  
Whole Grain Bread\*  
Green Beans  
Peaches

**27**  
Hot Dog  
Whole Grain Bun\*  
Baked Beans  
Orange

**28**  
Meatball Penne\*  
Whole Grain Dinner Roll\*  
Corn  
Pineapple

**29**  
Sloppy Joe  
Whole Grain Bun\*  
Salad  
Apple Sauce

**30**  
Ham and AuGratins  
Whole Grain Bread\*  
Mixed Vegetable  
Banana