

Monday
Tuesday
Wednesday
Thursday
Friday

1
 Chicken LoMein*
 Whole Grain Rich Bread*
 Peas & Carrots
 Pears

2
 Taco Hot Dish*
 Whole Grain Dinner Roll*
 Corn
 Fruit Cocktail

3
 Ring Bologna and
 Scalloped Potatoes
 Whole Grain Rich Bread*
 Salad
 Apple

4
 Turkey and Cheese Roll-Up
 Whole Grain Tortilla*
 Carrots
 Banana

7
 Chicken Penne Alfredo*
 Whole Grain Dinner Roll*
 Mixed Vegetables
 Peaches

8
 Salisbury Steak
 Whole Grain Rich Bread*
 Mashed Potatoes
 Pineapple

9
 Fish Patty*
 Green Beans
 Orange

10
 Pizza Quesadilla
 Whole Grain Rich Tortilla*
 Corn
 Apple Sauce

11
 Sloppy Joe
 Whole Grain Bun*
 Salad
 Banana

14
 Chicken Wild Rice Hot Dish
 Whole Grain Rich Bread*
 Carrots
 Pears

15
 Meatballs
 Whole Grain Dinner Roll*
 Mashed Potatoes
 Fruit Cocktail

16
 Turkey Noodle Hot Dish*
 Whole Grain Rich Bread*
 Salad
 Apple

17
 Hamburger
 Whole Grain Bun*
 French Fries
 Cantaloupe

18
 Italian Sub Sandwich
 Whole Grain Bun*
 Cucumbers
 Banana

21
 Spaghetti*
 Whole Grain Dinner Roll*
 Green Beans
 Peaches

22
 Ham and
 AuGratin Potatoes
 Whole Grain Rich Bread*
 Peas
 Pineapple

23
 Chicken Patty Sandwich
 Whole Grain Bun*
 Mixed Vegetables
 Orange

24
 Taco
 Whole Grain Tortilla*
 Corn
 Apple Sauce

25
 All Beef Hot Dog
 Whole Grain Bun*
 Baked Beans
 Banana

28
 Mac and Cheese*
 Whole Grain Rich Bread*
 Green Beans
 Pears

29
 Chicken Teriyaki Hot Dish*
 Whole Grain Dinner Roll*
 Peas
 Pineapple

30
 Meatball Sandwich
 Whole Grain Bun*
 Corn
 Apple

Our meals follow the Child and Adult Care Food Program (CACFP) standards.

Menus subject to change based on availability of items.

Menu items marked with (*) are whole grain rich.

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